

RIDE CYMRU

TAKE ON THE WILD HEART OF WALES

FAMILY ADVENTURE IN WALES

A RIDE CYMRU SUPPORTER'S ITINERARY

Four days of family fun while cheering on your cyclists
at the finish line each evening



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TAKE ON THE WILD HEART OF WALES

DAY 1 THURSDAY

Llandudno: Seaside Fun and Mountain Magic

Meet your cyclists before they
set off on their first epic stage



Day 1, Thursday **Llandudno**

Great Orme Tramway and Summit

Ride the Victorian tramway to the summit of the Great Orme headland for panoramic views across Snowdonia and the Irish Sea. Britain's only cable-hauled street tramway still in operation, it is a treat in itself. At the top, meet the famous free-roaming Kashmir goats and visit the Summit Complex café. The Bronze Age copper mines just below the summit are an extraordinary underground adventure that children love.

i **Open daily until end of October, 10am–5pm. Both the Tramway and the Mines are fully open on Thursdays.**

MORE INFO: [Great Orme Tramway](#) [Great Orme Mines](#)

Llandudno Promenade and Pier

Llandudno's sweeping Victorian promenade is perfect for a family stroll, bike ride or ice cream stop. The pier is the longest in Wales at 700 metres, with traditional amusements at its end, and the sandy North Shore beach is ideal for building sandcastles. The town has plenty of child-friendly cafés and restaurants.

i **MORE INFO:** [Visit Llandudno](#)

Alice in Wonderland Trail

Llandudno has a special connection to Lewis Carroll. Alice Liddell, the inspiration for Alice in Wonderland, holidayed here as a child and the town has embraced that legacy warmly. Follow the Alice Trail around town discovering statues and interactive story boards. The White Rabbit statue on the promenade is a favourite photo spot for children. The trail is free, self-guided, and always accessible.

i **MORE INFO:** [Visit Wales](#)

i **Tip:** Do the pier and Alice Trail in the morning, then head up the Great Orme in the afternoon. The mines close at 4.30pm so aim to arrive by 3.30pm.

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DAY 2 FRIDAY

Betws-y-Coed and Snowdonia

The cyclists tackle spectacular mountain passes. Enjoy the scenery at a gentler pace



Day 2, Friday En route to Machynlleth

Betws-y-Coed and Swallow Falls

This charming village sits in the heart of Snowdonia National Park and makes a wonderful family base for the morning. Walk to Swallow Falls, the most visited natural attraction in Wales, just a mile from the village centre. The village also has an excellent outdoor equipment shop and several good tea rooms.

i Always accessible. Swallow Falls charges a small admission fee.
MORE INFO: [Betws-y-Coed](#)

Zip World Betws-y-Coed

For older children and thrill-seeking parents, Zip World offers year-round adventures in the Conwy Valley forest. The Fforest Coaster is Britain's only alpine-style toboggan run, operating in all weathers and suitable from age 3. Treetop Nets, Zip Safari and the giant Skyride swing complete the offering.

i Open daily all year (except Christmas Day and Boxing Day).
Fully open on Fridays.
MORE INFO: [Zip World Betws-y-Coed](#)

Conwy Castle

If time allows on the drive south, UNESCO-listed Conwy Castle is one of the finest medieval fortresses in Europe. Children can run along the castle walls, climb the towers and imagine life in medieval Wales. The walled town of Conwy is hugely atmospheric, with tiny streets and the smallest house in Britain tucked beside the town walls.

i Open daily. Managed by Cadw.
MORE INFO: [Conwy Castle](#)

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DAY 3 SATURDAY

Brecon and the Beacons

A day exploring Wales's most dramatic national park



Day 3, Saturday **Machynlleth to Brecon**

Dan yr Ogof National Showcaves

The largest showcave complex in northern Europe and one of the best family attractions in all of Wales. Three spectacular show caves, a life-size dinosaur park with over 200 models, a shire horse centre, Iron Age farm and play areas make this an easy full day out. Located on the A4067 between Sennybridge and Ystradgynlais, it is perfectly placed en route from Machynlleth towards Brecon.

i **Open daily Easter to October. Fully open on Saturdays.**

MORE INFO: [Dan yr Ogof Showcaves](#)

Brecon Mountain Railway

One of Wales's great heritage railways, the Brecon Mountain Railway runs through the Bannau Brycheiniog national park from Pant near Merthyr Tydfil, hauling vintage steam carriages past reservoirs and moorland to Torpantau at 400 metres above sea level. A ten-mile round trip with stunning views and no walking required, it is perfect for all ages.

i **Open Saturdays in September. Advance booking strongly recommended as trains sell out.**

MORE INFO: [Brecon Mountain Railway \(book ahead\)](#)

Pen y Fan Family Walk

For energetic families, the route from Pont ar Daf car park to the summit of Pen y Fan at 886 metres is one of Wales's most iconic hikes. The path is clear and well-marked, suitable for children aged 7 and over who are confident walkers. Shorter, easier walks around Llangorse Lake nearby are ideal for younger children.

i **Open access mountain. No admission fee. Car park charges apply at Pont ar Daf.**

MORE INFO: [Bannau Brycheiniog National Park](#)

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DAY 4 SUNDAY

Cardiff: Capital City Fun

Welcome your cyclists across
the finish line in style



Day 4, Sunday Brecon to Cardiff

Cardiff Castle

Right in the heart of the city, Cardiff Castle combines a Roman fort, a medieval castle and extraordinary Victorian Gothic apartments all on one site. Children will love the clock tower, the rooftop animal wall, and the vivid storybook interiors of the Victorian apartments. The castle grounds are perfect for a picnic while you wait for your cyclists to arrive.

i Open daily including Sundays.

MORE INFO: [Cardiff Castle](#)

Techniquet, Cardiff Bay

Wales's leading hands-on science discovery centre has over 100 interactive exhibits across two floors, a live Science Theatre and Wales's only digital Planetarium. Launch a rocket, experience a real earthquake, and feel the force of a hurricane. Endlessly engaging for children and curious adults, it sits in Cardiff Bay about 20 minutes from the city centre.

i Open Sundays 10am–5pm. September falls partly in school term time, so confirm hours at techniquet.org before visiting.

MORE INFO: [Techniquet](#)

National Museum Cardiff

Free to enter, the National Museum Cardiff brings together world-class art, natural history and dinosaur collections under one roof. The Evolution of Wales gallery with its reconstructed dinosaur skeletons is endlessly popular with children, and the Impressionist art collection on the upper floors tends to surprise adult visitors.

i Free entry. Open daily including Sundays.

MORE INFO: [National Museum Cardiff](#)

i **Tip:** Cardiff Bay and the city centre are only 20 minutes apart. Park at the Bay, explore Techniquet in the morning, then head into the city centre to cheer the cyclists home and celebrate at one of the Bay's waterfront restaurants.

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